

Youth Services Provides Free Telemental Health

Youth and Family Counseling (YFC) Telemental health services are available at no cost for Palm Beach County residents/families with youth ages 0-22. YFC is helping the community by providing assessments; family and individual therapy, parent education and school based behavioral health services via Zoom. YFC Licensed Clinical Social Workers, Licensed Mental Health Counselors, Masters level therapists and team can help families in the areas of bullying, self-esteem, family violence, school and behavioral concerns, emotion regulation parent-child relationships, communication and social skills. Office hours are Monday to Thursday 7:30am-6:00pm. Telemental health services are offered in English, Spanish, French and Creole. Visit our website at http://discover.pbcgov.org/youthservices/Pages/Counseling_Youth.aspx, to learn more information about YFC and how we can help! To schedule an appointment, please email or call any of our YFC locations:

Central County 561-242-5714 Email: YSD-YFC-4PtsAppt	North County 561-242-5714 Email: YSD-YFC-4PtsAppt	South County 561-276-1340 Email: YSD-YFC-SouthAppt	West County 561-992-1233 Email: YSD-YFC-WestAppt
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<http://discover.pbcgov.org/youthservices/Pages/default.aspx>